

Please visit the race website at
www.troopermanion5k.com



10th Annual Trooper Manion Memorial 5K & Kids Mile Saturday, March 24th 2018 8:00 AM



135 N. Loudoun St.
Winchester VA, 22601
(540) 665-8394

- **Location:** Winchester Regional Airport
491 Airport Road Winchester, VA 22602
- **5K Prize money:** Equal for male and female. **Open:** 1st- \$225, 2nd-\$125, 3rd-\$100. **Masters (40+):** 1st-\$75. **Grand Masters (50+):** 1st-\$50. No duplication of awards; must be claimed on race day. Age group awards. Door prizes from local businesses.
- **Registration and packet pickup:** ([register online at runsignup.com](http://registeronlineatrunsignup.com))
 - **5K: Register early:** Entry Fee \$25 prior to race day; \$30 on race day. SVR members receive \$1 discount. **Mail to:** 5k Race: Attention Michelle Ritter 1080 Coverstone Drive Winchester, VA 22602. **Register on race day from 7am to 7:45am** at the airport.
 - **Kids Mile: Register early:** Entry Fee \$10 prior to race day; \$15 on race day. **Mail to:** 5k Race: Attention Michelle Ritter 1080 Coverstone Drive Winchester, VA 22602. **Register on race day from 7am to 7:45am** at the airport. Open to **children ages 6-12**. Awards will be given to the top two males and females in the following age groups: 6-8, 9-10, 11-12.
 - **Long sleeve and short sleeve shirts limited to the first 250 runners preregistered by March 11th.**
- **5K Course:** USATF-certified 5K course that starts and ends at the **Winchester Regional Airport**, plenty of parking and facilities.
- **Our Beneficiary:** On February 18th 2006, Trooper Kevin Manion was tragically killed in the line of duty. The proceeds from this race will support the Frederick County Sheriff's Office Youth Camp.
- **Questions:** Contact race directors **Jared Nail** (540)-431-8511, jnail@fcva.us; **Todd Swartz** (540)-303-9449, rswartz@fcva.us **Travis Mitchell** (540)-974-1041, tmitchell@fcva.us
****Bicycles, skateboards, strollers, skates, animals and headsets prohibited****

TROOPER MANION MEMORIAL 5K & Kids Mile

Printed Name: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age as of 03/24/18: _____ Sex: Male Female

Birthdate: _____ SVR Member? Yes No

T-Shirt (check one): Long Sleeve ___ Short Sleeve ___

Size: S M L XL 2XL 3XL

Please circle the race you will be participating in (one form per entry):

5K or Kids Mile

PLEASE READ CAREFULLY BEFORE SIGNING

I know that running a race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to complete the race safely. I assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race officials, VSPA, SVR, Frederick County, Winchester Regional Airport and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is cancelled by circumstances beyond the control of the organization, my fee will not be refunded.

Signature (Parent/Guardian if under 18) _____ Date: _____ Amt. Pd. _____
Make checks payable to FCSO Youth Camp

These materials and the activity described herein are not sponsored or endorsed by Frederick County Public Schools.